



Pittsburgh Professional Organizers Speak



CELEBRATE INDEPENDENCE... FROM CLUTTER

Imagine a life that up the burden of clutter!

We are filling our lives with things we don't need with the misguided intention of making ourselves "happy".

We are tricked by the lure of the "moment of acquisition".

We need to recognize that our emotions will take a tumble immediately when we purchase items we don't really need. This "stuff" now becomes a burden that we must store, organize and care for. The reality is that many items just don't work out like we thought they would and we feel guilty getting rid of perfectly good things! So these items become clutter and fill up useful areas in our homes and make those areas lose their function.

What is the answer? Liberate yourself from the burden of "stuff"! Think of a life where you just have your favorite things around you. Think of your home as a container for your stuff and don't overflow the container. When life becomes cluttered, people start to get disorganized. They begin to "back up their back ups". For example if they have too many utensils in a drawer and can't find their sharp knife, they may go out and buy several knives so that won't happen again, and the knives are still hard to find because they are buried. They should get rid of all the non-essentials and organize only what is left.

The media is always pushing us to "more is better" thinking. We need to think of our lives as full and even overflowing. Don't think of decluttering as deprivation, rather just living with your favorite things and surrounding yourself with only things that make you happy. It will be easier to spend time and energy doing what is really important rather than caring for what is not.

Celebrate your independence from clutter and enjoy the clarity this simplicity brings.

To find a professional organizer that will fit your needs, please visit the Pittsburgh Professional Organizers at www.PghProOrganizers.org.